



ARDMORE FAMILY YMCA

Swim Team Prep—Stroke Refinements

\$40 for members | \$65 for nonmembers

Child's name: _____ Age: _____ Birthdate: _____

Parent Name: _____

Address: _____ City: _____ Zip: _____

Phone Number: _____ Email: _____

Contact Preference: ☐ Text Message ☐ Email ☐ Phone Call

Emergency Contact: _____ Phone: _____

Please sign the required MINOR PARTICIPANT WAIVER on the reverse side

Text me info on upcoming Y programs!

YES please No thanks

(please circle one)

YMCA use only

CASH _____ | CHECK # _____ | CC Auth. _____ Paid: \$40 | \$65 | OTHER _____