



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



BUILDING CHAMPIONS

ARDMORE FAMILY YMCA SWIM TEAM PREP CLASSES

Swim Team is a great way to stay active and help your child build self-confidence and team camaraderie. Join our **Swim Team Prep Class** and help your child develop and refine their swim strokes for the fall/winter season.

Class Dates: August 16th–September 8th and September 13th–October 6th

Class Days: Tuesdays and Thursdays

Class Times: 3:45 PM—4:30 PM and 4:45 PM—5:30 PM

Ages: 7-12 years old

Fee: \$80 per session for Members and \$130 per session for Nonmembers

Participation in Swim Team Prep/Stroke Refinement classes does not guarantee a spot on the Ardmore Family YMCA team.